

The logo features the word "USANA" in a bold, white, sans-serif typeface. The letters are closely spaced, with the "A"s having a distinctive shape. The background is a solid blue with large, flowing, organic shapes in lighter shades of blue, creating a sense of movement and vitality.

USANA

ACTIVE NUTRITION



Activate your goals with USANA Active Nutrition. Active Nutrition focuses on the way your healthy body feels, rather than the way you look. You'll feel the difference Active Nutrition makes in your body through:

- Digestive health
- Regularity
- Energy
- Metabolism support
- Weight management

Spring into a healthy, happy lifestyle with the high-quality ingredients and solid scientific research inside each USANA Active Nutrition product.

The three pillars of the Active Nutrition product line are: weight management, digestive health, and energy and hydration. Each pillar supports a holistic approach to diet and nutrition that helps support your wellness goals and long-term healthy habits.

The goal of the Active Nutrition product line is to empower you to maintain your gut health and overall wellness. Start by taking stock of the ways you are already optimizing your digestive health. And look to Active Nutrition for additional gut and weight support.

Remember, there is no one-size-fits-all approach to weight management or gut health. You are the expert about your body, and nobody understands your feelings or goals better than you. Active Nutrition by USANA can equip you with the resources you need to love your body and change your world.

ACTIVE NUTRITION PRODUCTS

metabolism+



Metabolism+ supports your body's ability to burn stored fat for energy, giving you a competitive advantage in reaching your goals. Combined with a healthy diet and regular physical activity, it can supercharge your efforts by supporting lean muscle mass and body composition.

detox tea mix



An aromatic and relaxing tea with purifying herbs and a detoxifying effect to support your body's natural digestive processes. Detox Tea Mix helps reduce the discomfort of occasional bloating and nausea caused from overeating. It also promotes the health of your gut microflora to optimize digestion and nutrient absorption.

digestive health protein drink



A plant-based protein drink with 10 grams of protein, 5 grams of fiber, and digestive enzymes to bring balance to your microbiome that's formulated to support your healthy weight goals and optimize your active lifestyle.

peanut butter snack bar



Packed with a beneficial blend of real ingredients, our Peanut Butter Snack Bar satisfies cravings in a nutritious and tasty way. This convenient, on-the-go snack is ideal as a health-friendly treat to support your long-term weight-loss goals. Reach for a bar to satisfy your hunger between meals and stay on track.

watermelon Electrolyte Replacement Drink



A watermelon-flavored electrolyte drink with essential minerals to support hydration. Calcium, magnesium, sodium, and potassium form electrolytes to support your body's ability to stay hydrated and energized.

nutrimeal active



A deliciously convenient and nutritionally-balanced meal-replacement shake. Each serving offers 20 grams of protein, 8 to 9 grams of fiber, and less sugar than traditional shakes to help you reach your weight-related goals.

fibergy active



A powerful, prebiotic blend of soluble and insoluble fibers for optimal gut health. maintains good digestive health, aids regularity, and feeds your gut microbiome—all while supporting your cardiovascular and metabolic health.