



# GARDEN TOWERS

## Where Hope is Grown

A USANA Garden Tower is a simple, powerful solution that provides sustainable, nutritious food for people all over the world. Made from a long-lasting, durable material, each tower can hold up to 120 plants and be harvested for many years.



### **Community collaboration and bonding**

In an already tight-knit community, local families come together to share their harvests and support one another.



### **Feeds Families**

A full-grown USANA Garden Tower can provide five or more nutritious meals a week for a family of six.



### **Income Opportunities**

Families often sell their excess vegetables, using the money to pay for their children's school fees. Others earn money from making Garden Towers to sell and have thriving businesses teaching others how to make them.



### **Improved health and energy**

Proper food leads to improved brain and body development.



### **30% Less Water**

Water is a precious commodity. A Garden Tower uses 30% less water than a traditional garden.



### **Self-reliance**

Caring for a Garden Tower is therapeutic and promotes self-reliance and confidence.







In 2021, USANA was able to help donate **8,473** Garden Towers around the world.

That is equivalent to **13,650,000** meals!

A small donation of \$20 provides a family with a USANA Garden Tower and everything they need to grow sustainable food for years to come.